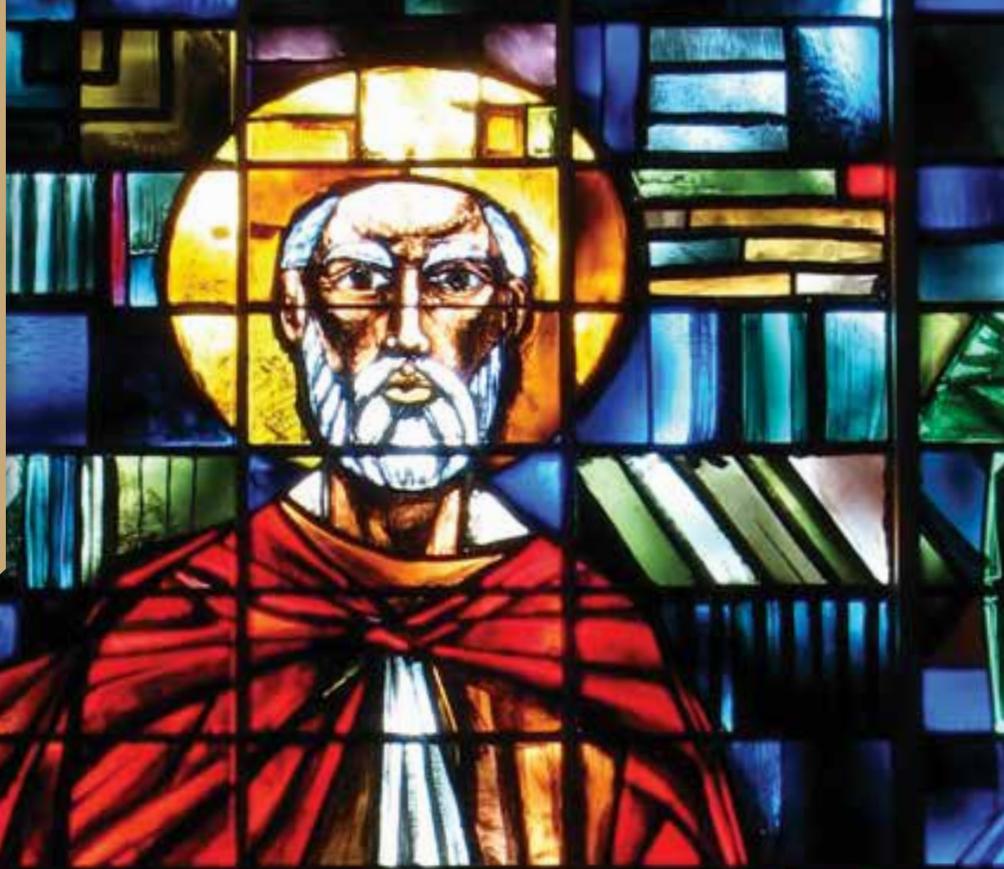


Church of St. Peter, Quincy III

MONTHLY
NEWSLETTER



Soccer at Chaddock

BRINGING HAPPINESS AND WELCOME TO STUDENTS

It was a simple idea. Jack Brown, a high school soccer player at Quincy Notre Dame, wanted to share his favorite sport with the students at Chaddock.

“I was looking for a service project that would be personal to me, and Chaddock felt like the perfect fit,” Jack says. “My family has had a few connections to Chaddock over the years. We got to know the students who walked past our house, and my mom has also volunteered there.”

Jack took the initiative and contacted the activities director at Chaddock.

“I shared my idea with her to come and play soccer with the kids, and she thought that they would enjoy it a lot,” Jack says. “Then I asked a few of my close friends on the team to come with me, and that’s how it all started.”



On the first evening, Jack and his teammates went to Chaddock in September of 2016, Jack reconnected with an old friend he had grown up playing soccer with and who now attends Chaddock.

“Seeing somebody I grew up with being there helped change my perspective of the school,” Jack says. “I

want to change other people’s perspectives as well. It really is a place to help kids become better functioning in their families and schools.”

During the soccer season from September to October, Jack and his teammates went every Wednesday to Chaddock to play soccer with the kids for about an hour. Approximately 30 to 40 kids from 12 to 18 years old started coming regularly to share the sport.

As they use their talents to connect with

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ST. PETER CATHOLIC CHURCH

THE SIGN OF THE CROSS:

A POWERFUL PRAYER TRADITION IN THE CATHOLIC CHURCH

Since we say and make the Sign of the Cross so often, it may easily become a rote, perhaps even thoughtless, action. However, it is important to remember that the Sign of the Cross is much more than a simple gesture. Even in its most basic form, the Sign of the Cross — accompanied by the spoken or unspoken words “In the name of the Father, and of the Son, and of the Holy Spirit” — is a prayer, a creed stating our belief in the Holy Trinity, the dual nature of Jesus Christ, and the dependence of our salvation on His crucifixion and resurrection.

In addition, making the Sign of the Cross is an indication of a willingness to take up our own cross and suffering for the sake of Christ. The prayer is considered one of the greatest weapons against Satan and all demons, and an added strength against the temptations of the flesh.

In the Roman Catholic Church today, the Sign of the Cross is typically made with either three fingers or an open hand touching first the forehead, then the chest, followed by the left shoulder and then the right (in the Eastern Church, the right shoulder is touched before the left). The concept of making a sign, or “setting a seal,” upon the forehead of those who place their faith in the Lord appears in both the Old and New Testaments of the Bible — see Ezek. 9:4 and Rev. 7:3, 9:4, and 14:1.

Early versions of the Sign of the Cross were traced on just the forehead, using the thumb and forefinger held together in the shape of a tiny cross. We still see this version of the blessing performed during Baptisms (with the cross traced on the infant’s forehead) and on Ash Wednesday (with the cross traced in ashes on the foreheads of the faithful). Similarly, when the Gospel is read during the Liturgy of the Word, the priest or deacon leads the congregation in forming this small cross on the forehead, mouth, and chest,



indicating a willingness to keep the Word of the Lord in our minds, on our lips, and in our hearts.

There is no doubt that our early Church fathers were strong believers in the sanctifying power of the Sign of the Cross. A second-century ecclesiastical scholar, Tertullian, and a third century saint, St. Cyril of Jerusalem, both wrote about the necessity of performing the Sign of the Cross at one’s waking and one’s lying down, at entering and leaving a room, at mealtimes, and more. St. Augustine also referenced the importance of marking the cross on the faithful’s forehead during the administration of the sacraments.

It is likely that the sign transformed from the tiny cross on the forehead to the larger, full-body cross used today sometime in the fifth century, when heretics began questioning both the dual nature of Jesus Christ — fully human and fully divine — and the unity of the Holy Trinity. Believers in these crucial Church doctrines began forming the cross with three extended fingers (representing the Trinity), keeping the ring finger and little finger pressed down into the palm (representing Christ’s dual nature), and tracing a cross on their entire upper body so there could be no mistaking the gesture.

Today, the Sign of the Cross still figures predominantly in our prayer life as Roman Catholics. We commonly perform it upon entering a church; at the beginning and end of the Catholic Mass, a Benediction, or the Exposition of the Blessed Sacrament; when opening and closing our personal prayers; at mealtimes; and when passing by a Catholic Church (in recognition of Christ, present in the tabernacle). As the *Catechism of the Catholic Church* reminds us, the frequent, intentional use of the Sign of the Cross can help the faithful dedicate each day to the glory of God and provide strength in the face of trial and temptation (2157).

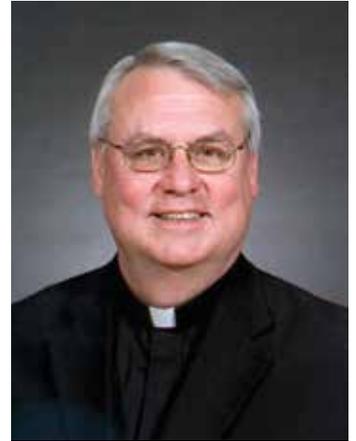
NEW YEAR'S RESOLUTIONS

Dear Parishioners,

As we arrive at the New Year, it is customary that we make resolutions, which hopefully will be carried out during the course of the year. So many times these resolutions pertain to our physical lives — we resolve to exercise more, build a healthier diet, become more organized, etc. These resolutions may also involve the mental aspect of our lives — reading more, attending more cultural events, and so forth.

Too often we forget about the spiritual part of our lives. Our souls need to be tended to, and we need to make sure that we are deepening our relationship with God throughout the entire year.

I would like to give you a list of possible spiritual resolutions. While it might seem difficult for one person to undertake all of these, hopefully anyone can try several of these resolutions at one time or a number of them throughout the year.



- Attend Mass once a week over and above weekend liturgies.
- Spend a hour (or any amount of time) in Adoration of the Blessed Sacrament once a week.
- Pray the *Liturgy of the Hours* (the *Divine Office*) at least once a day.
- Read and meditate on a chapter of Scripture a day.
- Take up a devotion of the Church (e.g. Rosary, Stations, novena, other prayers, etc.) and pray it daily.
- Read a spiritual book once a month.
- Make a morning offering as you begin your day, then an examination of conscience as you end your day.
- Offer a prayer of blessing/thanksgiving before/after a meal.
- Take time to pray daily with your spouse/family.
- As an individual or a family, take time once a week to do some form of charitable work — visiting those who are homebound or in a nursing home, do some work for an elderly friend or neighbor, bring food to someone in need, etc.

This is not an exhaustive list, but hopefully it gives you an idea that the small things done with great love can make a world of difference — both in your life and the lives of others.

Do not try to overdo any of these, but build up to doing them on a regular basis, thus laying a reasonable foundation upon which to build. Enjoy doing these resolutions, and see what a blessing they are for you and others.

Let us pray that 2019 will be a year of grace and favor from God. I wish you and yours a very happy New Year!

In Christ,

A handwritten signature in cursive that reads "Rev. Msgr. Leo J. Enlow". The signature is written in black ink on a piece of lined paper that has "This year I will..." written on it in red.

Rev. Msgr. Leo J. Enlow
Pastor

ST. PETER CATHOLIC CHURCH

RESURRECTION CHOIR

Comforts THOSE IN

In our parish family, the Beatitude, “Blessed are those who mourn, for they shall be comforted,” rings true. Thanks to the beautiful, generous service of the Resurrection Choir, which sings for funerals at our parish, the grieving members of our faith community do not have to carry their cross alone.

“We want to be there for them, and show them that their parish family cares for them,” says Music Director Monica Scholz. “What we do is an act of mercy and charity. It is part of the full scope of the Music Ministry of our parish, and a way to give the gift of hospitality. We believe that ministering through music to those who are grieving is equally as important as ministering to those who are getting married, or receiving their First Communion. It is almost sacramental in nature.”

The Resurrection Choir is a group of various volunteers who sing for funerals that take place at our parish. They simply sing upon request and

“This ministry really touches hearts. We have gotten many notes over the years from families, thanking them for remembering their deceased loved ones. It is a way we can use God’s gift of music to help others in our parish community and support them, accompanying them on the journey of life. It is a way we can give our time, talent and treasure to those in need. The Resurrection Choir is not just a ministry of music — it is so much more than that. It is a stewardship ministry that builds up the faith of all those involved.” — Monica Scholz



Thanks to the beautiful, generous service of the Resurrection Choir, which sings for funerals at our parish, the grieving members of our faith community do not have to carry their cross alone.

therefore do not have formal rehearsals. When Monica is notified of a funeral at our parish, she meets with the family to help them select music for the service, along with our parish priest and Director of Parish Nursing Kathy Harman, or another parish staff member. Monica then sends out a message to

Resurrection Choir members notifying them of the upcoming funeral, in request of volunteers. Those who wish to sing are sent a link to the selected music pieces.

“We not only sing for the funeral, but we also try to support the family of the deceased and listen to them, meeting them where they are at,” Monica says. “Sometimes, they are overwhelmed with grief and they have a hard time making decisions, so we gently lead them through the process. Each family has different needs, so we deal with each of them in different ways.”

Over and over again, those who give their time and talent

MOURNING

to the Resurrection Choir find that it gives them a wonderful way to express their love for Christ and share His tender mercy with those in need, helping them live out the stewardship vision.

“This ministry really touches hearts,” Monica says. “We have gotten many notes over the years from families, thanking them for remembering their deceased loved ones. It is a way we can use God’s gift of music to help others in our parish community and support them, accompanying them on the journey of life. It is a way we can give our time, talent and treasure to those in need. The Resurrection Choir is not just a ministry of music — it is so much more than that. It is a stewardship ministry that builds up the faith of all those involved.”

Interestingly, many of those who feel called to be part of the Resurrection Choir have been led to it by participating in other ministries.

“Many of the choir members are also Extraordinary Ministers of the Eucharist to the Homebound,” Monica says. “A lot of them have visited a certain person when they were sick or in the hospital, and then later got to sing at their funeral.”

The Resurrection Choir is a great ministry in which people from several walks of life may participate.

“We have some very regular singers and some who only sing occasionally,” Monica says. “It is a very flexible ministry.”

If you would like more information about the Resurrection Choir, please leave a voice mail for Monica Scholz at 217-214-0131 or email her at m.scholz@cospq.org.

SOCCER AT CHADDOCK

BRINGING HAPPINESS AND WELCOME TO STUDENTS

continued from front cover

these members of our local community, Jack and his teammates have noticed the impact on the students.

“At first they were timid and didn’t really seem to want to play,” says Paul Cornwell, a junior at QND. “Then I think they started talking about it to the other kids, and they really seem to enjoy it now. They get a lot of joy out of it.”

Jack believes that sharing this simple activity helps these kids feel like part of the community. Each year QND also provides the Chaddock students with tickets to attend one of the QND vs. QHS soccer games.

“I think for them to be out and around other local high schoolers and kids their age makes them feel very included,” Jack says.

When Jack graduated from QND in 2018, Paul and Brexton Beard continued going to Chaddock after their soccer practice to play with the kids in the fall. Anyone who would like to play soccer with these youth and young adult members of our faith community would be welcome.

“It humbles me to see how happy these kids are playing soccer,” Paul says. “Everyone is welcome to play with us.”



If you would like more information about playing soccer at Chaddock, please reach out to the parish office at 217-222-3155.

ST. PETER CATHOLIC CHURCH

ST. PETER CATHOLIC CHURCH *Quarterly Financial Report*



Income	
Regular Church Support	317,481.58
Other Sources of Revenue	7,800.48
Investment Income	7,685.30
Tuition Income	418,696.25
Other Income	33,136.86
Annual School Fund	135,113.00
Total Income	919,913.47
Expense	
Payroll Expenses	506,902.38
Contractual Services	44,791.30
Utilities	16,303.23
Insurance -Property & Liability	23,766.35
Repairs and Maintenance	4,157.89
Equipment and Furniture	9,900.28
Supplies(tech., textbooks, maint., classroom, office, etc)	49,033.60
Professional Fees	1,043.34
Construction Expenditure	9,598.55
Parish Organization Expense	11,125.26
Class trip	20,345.00
ACSA Expense	71,362.21
Other Expenses	11,145.03
Total Expense	779,474.42
Net Income	140,439.05

CHILDREN'S LITURGY OF THE WORD PROVIDES OUR LITTLE ONES WITH A CONNECTION TO SCRIPTURE

As Catholics, we believe it's important for the entire Body of Christ to come together each Sunday to worship and partake in the Eucharistic banquet. This is perhaps especially important for our children, who are still learning about the faith and what it means to be a Christian. It allows them to learn through the example of the faithful while also literally surrounding them with the presence of Christ.

Yet, part of stewardship and truly raising our young ones in the faith means making them feel a true part of the liturgy. Children's Liturgy of the Word helps make this possible by transforming our children from passive bystanders to active participants in God's Word.

"We want to be able to give the children an opportunity to digest, comprehend and ultimately apply God's Word to their own lives," says ministry coordinator Kristen Walker. "This is important because it helps them feel that deeper connection to Scripture and to the Lord."

Geared toward children in kindergarten-fourth grade, Children's Liturgy of the Word is currently offered weekly at the 9:30 a.m. Sunday Mass. Children are dismissed just before the first Reading every Sunday throughout the school year. Using visual aids and interactive materials, it enables children to internalize the Gospel message in a way that can be applied to their actual experiences.

"Besides reading the Scriptures themselves, there is also a lot of discussion, inviting the children to share and apply it," Kristen says. "Our goal is always to help them see Scripture

"Besides reading the Scriptures themselves, there is also a lot of discussion, inviting the children to share and apply it. Our goal is always to help them see Scripture in its application to their daily lives."

— Kristen Walker



Some of our parish children enjoying an activity as they learn about God's Word.



By presenting the Liturgy of the Word in understandable and relatable terms, catechists help parish youth encounter the Person of Jesus Christ.

in its application to their daily lives."

This often ends up blessing the entire family, says Kristen, as children become more excited about attending Mass because they feel more included in it. Parents, meanwhile, are able to focus more fully on the Gospel message, freed from the distractions that necessarily come when attending with younger children.

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ST. PETER CATHOLIC CHURCH

2600 Maine Street
Quincy, Illinois 62301



Return Service Requested

MASS & RECONCILIATION SCHEDULE

Sunday Masses

Saturday: 5:00 p.m.,

Sunday: 8:00, 9:30 and 11:00 a.m.

Weekday Masses

Mon-Sat: 8:00 a.m., except for

Wednesdays: 8:30 a.m.

Reconciliation

Saturday: 7:30-7:50 a.m.,

3:30-4:30 p.m. or by appointment

CHILDREN'S LITURGY OF THE WORD *continued from page 7*

And then, after coming together once more for the Eucharistic celebration, the family is later able to share individual insights from the Gospel with one another.

"It's truly a win-win for both the parents and our children," Kristen says.

Because of this, the Children's Liturgy of the Word Ministry is hoping to expand in the future to include other Sunday liturgies. This is only possible, however, with additional volunteers. No previous teaching experience is necessary, says Kristen, other than a love for Jesus and a desire to share that love with His children.

"This ministry truly is a great blessing for those of us that lead the lesson because we are then able to get more connected to Scripture ourselves," Kristen says. "As a parent myself,

I enjoy those opportunities when I sit with my children and get to read out of the Bible. It's always great to have those conversations and to dive into Scripture together.

Any parent, grandparent or parishioner looking to serve is welcome to join, following their completion of the required Protecting God's Children and background check along with ministry-provided training. Children's Liturgy of the Word also welcomes middle and high school volunteers willing to come and witness to the younger children.

"Oftentimes, these students are looking for service hours for Confirmation or just a way to get involved," Kristen says. "This is a great opportunity for them to serve, become those positive role models for our younger children."

If you would like to learn more, or to begin volunteering for St. Peter's Children's Liturgy of the Word, please contact Kristen Walker at 708-227-5721.